

The WART REPORT



For Parents

The Wart Report

The Answers You Need

The Wart Report™

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Foreword

Why Read This Booklet?

Dear reader,

Either you or someone you care about has warts. We know that—otherwise you wouldn't be reading this.

My friends and I at Verriclear™ can identify with your concern, because we know just how awful warts are. We've been there too.

As if you didn't already know... warts are ugly, annoying, embarrassing, notoriously hard to get rid of, and just as hard to keep from coming back.

Every month, some 250,000 people type the words “*wart removal*” into Google looking for help. What they get is conflicting information (even from respectable medical websites), or old wives tales and folk remedies—in other words, snake oil.

So much confusion, when all they really want to know is:

- What are warts, and how did I get them?
- How do I keep them from spreading or coming back?
- And, how do I get rid of them—fast?

That's where this booklet comes in. We've done the research, and put what we have learned in this easy-to-understand booklet. And, we've formulated what we believe you'll come to agree is the best solution to your wart problem: Verriclear™ WART RESCUE Compound.

Verriclear is the *only* wart clearing compound that is:

- **Guaranteed effective** when used as directed;
- **Easy and painless** to use, and won't scar or discolor your skin;
- **Affordable**, and arrives in discrete packaging.



Verriclear's all-natural formula is made of nature's most potent and effective *antiviral*, healing, and skin-nourishing oils. It's organic, allergen-free, and contains no chemical additives or preservatives. Why? Because they're bad for you, of course! And quite frankly, because of its ingredients' natural antiviral, antibacterial, and antifungal properties, we don't need them.

And by the way, if you think we're bluffing about being the best, you don't have to take our word for it. Just ask any of the now wart-free people who've used our product!

This booklet will introduce you to the simply *fascinating* world of warts! We list the various prescriptions, over-the-counter remedies, and even the surgical treatments available. We also include treatment and price comparisons, as well as links to *independent* websites where you can buy these products.

We hope this booklet helps you decide which treatment is best for you. No matter which one you choose, we urge you to begin treatment soon, and stick to it.

If you have any questions or want to learn more about our products, visit our website at [Verriclear.com](#) or email us at info@Verriclear.com. Rest assured, every inquiry will receive prompt and expert attention.



Warts: Contagions and Complications

What are warts?

Warts are small, hard, abnormal elevations on the skin caused by one of many different strains of the human papilloma virus (HPV) family. At least 189 HPV genotypes have been recorded.








Although they are highly contagious, annoying, embarrassing, and notoriously hard to get rid of, warts are usually harmless and do not cause other illnesses—except in the case of genital warts which have been linked to cervical cancer (more on page 6).

It's estimated that 95% of North Americans will have been exposed to HPV by the time they become adults, [with the highest rate of infection being in children aged 9-10](#), but not everyone who comes in contact with the virus will develop warts. What triggers an outbreak isn't yet understood.

That's because the incubation period for human papilloma virus is long (typically from one to six months, but possibly up to three years is suspected), and varies from person to person. So it's hard to determine where an individual may have initially contracted the virus.

What are the signs and symptoms?

Although all warts stem from the human papilloma virus, not all HPV outbreaks are the same. A range of wart types has been identified, varying in shape and site affected, as well as the type of human papilloma virus involved. These types include:

| | |
|---|--|
|  | Common warts are usually found on fingers, hands, knees, and elbows. The wart appears as a small, hard bump that's dome-shaped and usually grayish-brown. It has a rough surface that may look like the head of a cauliflower, with tiny black dots inside. |
|  | Filiform warts have a finger-like shape, are usually flesh-colored, and often grow around the mouth, eyes, or nose. |
|  | Flat warts are smaller and smoother, and have flat tops about the size of a pinhead. They may be pink, light brown, or yellow. They tend to grow on women's legs, children's faces, and the neck—sometimes in clusters. |
|  | Mosaic warts are a group of tightly clustered warts, commonly on the hands or soles of the feet. |
|  | Periungual warts are cauliflower-like clusters that occur around the nails. |
|  | Plantar warts are usually found on the soles and pressure points of the feet. They are a hard and sometimes painful lump, often with multiple black specks in the centre. |
|  | Venereal/Genital warts occur on the genitals. |

Are warts contagious?

Wart viruses are *highly* contagious and pass from person to person by direct contact, or by touching an object used by someone who has the virus. They can resist extreme drying, freezing, and prolonged storage outside of host cells. And because warts shed HPV, new warts can appear as quickly as old ones go away.

How are warts spread?

Because warts are caused by a virus, they must have a point of infection. The virus enters the skin through cuts or scratches, and causes cells to multiply rapidly.



Warts can be contracted by walking barefoot in locker rooms or at swimming pools, using a towel that another person with the virus has used, or—in the case of genital warts—by engaging in sexual contact.

Warts can spread to other places on the body—usually through breaks in the skin, such as a hangnail or scrape. Biting your nails also can cause them to spread to fingertips and around the nails.

Who is at risk of getting warts?

The likelihood of developing warts is largely dependent upon the health of the immune system. Some people appear to be more susceptible to getting warts, whereas others never get them.

Individuals with weakened immune systems are at greater risk. But lifestyle factors like stress and diet, or having a job where cuts or scrapes are more frequent, can make anyone more susceptible to get warts.

Researchers have observed that individuals with immune systems that are suppressed (through illness) or undeveloped (as in children) are far more susceptible to warts than those with normal immunity. Three out of four people will develop warts at some time in their lives, making warts the second most common dermatological complaint, after acne.

Though children, teenagers and young adults are more prone to developing these bumpy growths, anyone can catch them at any time in his or her life.

Because warts are a viral infection, not bacterial, antibiotics are completely ineffective.

Since viruses are so resistant to treatment, warts tend to be hard to get rid of, and outbreaks can recur even after they seem to have been completely removed from a particular area. That's why it is strongly advised to continue daily medication, and monitoring using a magnifying glass, to be sure the skin has regained its natural and unbroken pattern, before discontinuing treatment.

Genital warts are much more serious

Papilloma viruses, long thought to result in only benign contagions such as common warts, have recently been implicated in a dozen or so serious diseases, including genital warts, and cancers of the stomach, cervix, bladder, throat, mouth, stomach, prostate, and skin.



Certain types of HPV may induce life-threatening malignancies. The virus is associated with virtually all cervical cancers, and most of cancers of the penis and anus. HPV has also been strongly associated with various head and neck cancers, including head and neck squamous cell carcinoma and oropharyngeal carcinoma of the tonsils.

Complications may include:

- **Problems during pregnancy.** Genital warts may cause problems during pregnancy. Warts could enlarge, making urination difficult. Warts on the vaginal wall may reduce the ability of vaginal tissues to stretch during childbirth. Large warts on the vulva or in the vagina can bleed when stretched during delivery. On rare occasions, a baby born to a mother with genital warts may develop warts in his or her throat. The baby may need surgery to make sure his or her airway is clear.

- **Cancer.** Cervical cancer has been closely linked with genital HPV infection. Certain types of the virus are also associated with cancer of the vulva, cancer of the anus, cancer of the penis, and cancer of the mouth and throat. Human papilloma virus infection doesn't always lead to cancer, but it's still important for women to have regular Pap tests, particularly if they have been infected with higher risk types of HPV.



Should I call a doctor?

Most common warts don't require medical treatment, but some people choose to have their warts treated because they're bothersome, spreading, or simply because they're ugly. However, if a wart is on the face or the genital area, take responsible action: *call the doctor*. A physician can determine the best treatment for warts in those sensitive and susceptible areas.



Wart-Free, Naturally!
[Click To Watch FREE VIDEO SERIES](#)



Treatment Options

If you are bothered and embarrassed by warts, or if you're feeling stressed just by having warts or concerned about how you'll be perceived socially, you'll probably want to clear them up as soon as possible.

Although many warts disappear on their own with time, it's a good idea to consult a doctor because it may take two years or more for them to go away without treatment. And they could spread on yourself or to others in that time.

How are warts commonly treated?

Historically, common warts have been treated with *non-prescription* salicylic acid; *prescription* blistering agents that destroy the skin surrounding the wart; epithelial *cryotherapy* (freezing); *laser therapy*; and *surgery*. Most of them cause some irritation, pain or scarring (especially in children), and even permanent skin-pigmentation changes. [Studies show these destructive treatments are equally ineffective](#), and also have high rates of recurring outbreaks.

Today, more patients are turning to “*Nutraceuticals*”—compounds of naturally-sourced plant extracts containing high concentrations of nutrients having medicinal properties that stimulate and support the body's own healing processes, rather than aiming to destroy the skin.

In the next section, we'll examine the various treatments, and their benefits and risks, in order to better understand which one to choose.

“Folk” remedies

Sometimes warts disappear without treatment because the body's immune system is strong enough to defeat the virus on its own. But studies confirm, when a home remedy seems to work, it's because the wart has receded on its own, and *not* because of the application of duct tape, garlic, castor oil... or any other [folk remedy commonly recommended on internet forums](#).



Home remedies such as those found on the internet, should be avoided as their efficacy is questionable at best, and dangerous at worst. There is simply no reliable evidence that home remedies work, and trying them may put one's health at risk.

Without proper treatment, warts are often stubborn and impossible to eradicate—especially in children. So the danger is, the longer the delay in using a clinically proven course of treatment, the more time the warts have to grow, take root more deeply under your skin, and spread on your body or others.

Non-prescription medications

Non-prescription (over-the-counter) medications typically contain acids or blistering agents that peel away the top layers of dead skin cells covering the wart. With enough applications, they may cause the wart to eventually fall off. Despite their wide use, these products have often proven ineffective. [Research indicates that only 10-15% of cases using non-prescription medications are resolved](#).

Non-prescription medications include:

- [Salicylic acid](#) is a caustic acid used to burn and peel away surface skin cells. A sensation of warmth or stinging may be felt after application. Skin redness, dryness, itching, scaling, and/or mild burning may also occur during the first two to four weeks of its use.

Prescription drugs



Prescription drugs are expensive and have many side effects. For these reasons, they are often a treatment of last resort. Drugs the doctor may prescribe include:

- **Retinoid cream** (Avita, Retin-A) disrupts the wart's skin cell growth. A brief sensation of warmth or stinging may result immediately after application. Redness, dryness, itching, scaling, and/or mild burning may also occur during the first two to four weeks of use.
- **Cantharidin** (Cantharone, Cantharone Plus). This drug causes the skin under the wart to blister, lifting the wart off the skin. It is applied at the doctor's office. Several hours after treatment, the wart and skin around it will become red and swollen. Later on, it may form a blister, one that is sometimes uncomfortable.
- **Immunotherapy** medications help the body's immune system fight viruses, including the one that causes warts. These medications may include imiquimod, contact sensitizers, and interferon.

Surgery

- **Cauterization** is the **burning** of part of a body to remove or close off a part of it. It can be effective for wart removal, but the method is painful, and could result in scars or **keloids**, as well as skin discoloration.
- **Cryosurgery** is a surgical procedure that freezes the wart's internal cell structure and destroys the live tissue. Often several sessions may be required. This treatment is usually done in the doctor's office, although less effective over-the-counter products are available.
- **Laser surgery** uses a **laser** (instead of a **scalpel**) to excise tissue. It may be used for large warts that are hard to remove. This is usually a last-resort treatment, as it is expensive and painful, but may be necessary for in some cases.



- **Surgical Excision** and **Electrodesiccation** are very painful and may produce scarring.

Numerous studies suggest that the efficacy of these treatments is quite low, and that there is a high rate of recurrence and such adverse side effects as pain, scarring and permanent skin color changes.



Photo: A ~7mm plantar wart surgically removed from patient's foot sole after other treatments failed

Nutraceutical medicines

Health Canada defines a nutraceutical as *"a product isolated or purified from foods that is generally sold in medicinal forms not usually associated with food. A nutraceutical is demonstrated to have a physiological benefit or provide protection against chronic disease."*

In other words, nutraceuticals are natural medicine.

A nutraceutical may be a specially formulated amino or fatty acid, carbohydrate, vitamin, mineral, essential oil, or herb preparation that is eaten, drunk, or applied topically *to improve health.*



Nutraceuticals are becoming increasingly popular because they are made from ingredients found in nature rather than a laboratory. They are produced from natural organic sources that are distilled into concentrated and purified forms that are safe enough to eat or apply to the skin. When used as directed, nutraceuticals have been shown to produce desirable therapeutic outcomes with fewer side effects.

Because natural compounds can't be patented—as are ones made in a laboratory—few pharmaceutical and biotech companies are committing resources into developing their own nutraceuticals. Those that do include: American Home Products, Dupont, Monsanto, Abbott Laboratories, Warner-Lambert, Johnson & Johnson, Novartis, Metabolex, Interneuron, and **Verriclear**.

SECTION 4

Verriclear's Wart Rescue

Starve Your Wart. Feed Your Skin.™

Why a nutrient-rich, antiviral, anti-angiogenic?

Because traditional *non*-nutraceutical medications and treatments focus solely on trying to “kill” the wart virus—which are never alive in the first place—they succeed only in killing the surrounding healthy tissue and permanently scarring your skin in the process. It's no wonder that a growing body of research shows that 100% of traditional wart treatments fail 85% of the time.

Verriclear's WART RESCUE, on the other hand, works quite differently. Its nutrient-rich formula containing antiviral and anti-angiogenic factors stimulates and supports your body's own immune and regenerative processes—potent natural antivirals ‘stun’ the virus’ so it temporarily ceases to replicate; anti-angiogenic factors starve the wart of the resources it depends upon to grow; and essential nutrients literally feed the birth of new healthy cells from below the wart, to push it up and out until all traces of the wart virus are gone.

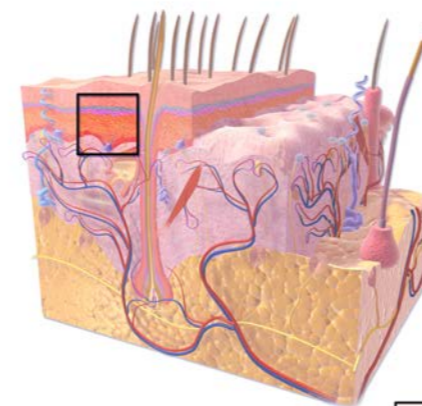
Why “Starve Your Wart. Feed Your Skin.” works.

Essential nutrients (including certain amino and fatty acids, carbohydrates, dietary minerals, and vitamins) are required for normal body function. However, they either cannot be synthesized by the body at all, or cannot be synthesized in amounts adequate for good health (e.g., lysine, vitamins C, D, E), and thus must be obtained from dietary sources or topical solutions. (Suggested nutrition considerations are listed on page 13).

Verriclear's WART RESCUE formula contains some of the highest non-prescription concentrations of essential nutrients that human studies in both the *National Center for Biotechnology* and the *U.S. National Library of Medicine* databases have shown to be essential for clearing the skin of a variety of skin ailments, including warts.

Nature + Science = Success

In the topmost part of human skin, called the epidermis, there are five layers of cells—each at a different stage of maturation. The bottommost layer (called the Stratum Basale) is responsible for constantly renewing the skin. The cells at this layer constantly divide and reproduce to create new ones; as a result these new cells push upward on all the cells above.



Your Healthy Skin's Regeneration Cycle

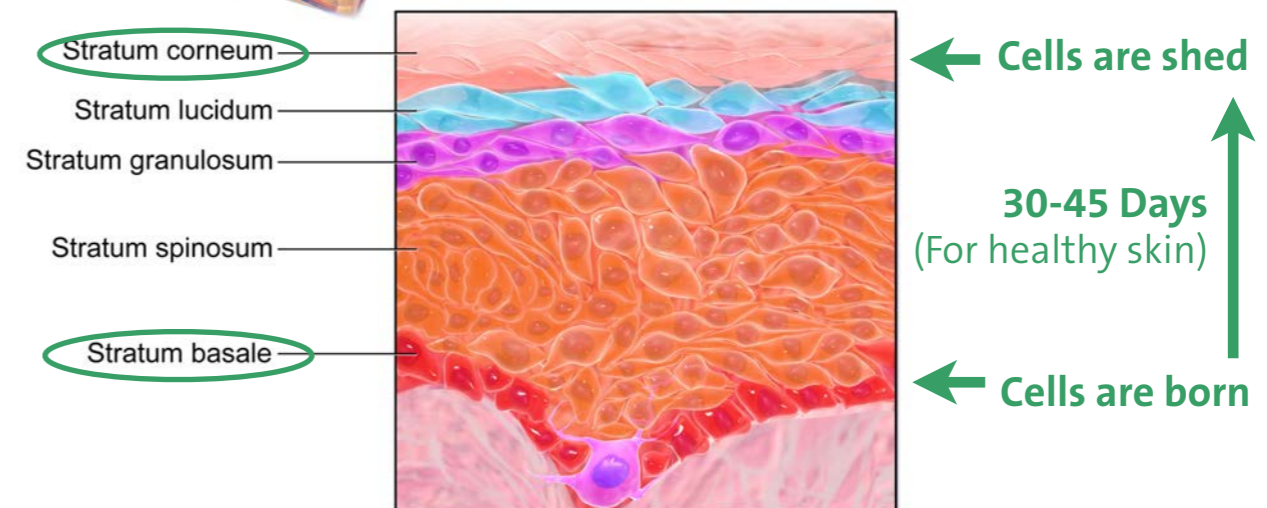
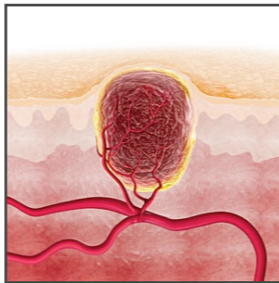


Image: <http://en.wikipedia.org/wiki/Epidermis>

The topmost epidermis layer consists of keratinized skin cells, which form the protective barrier between one's body and the outside world. The cells at this level are actually already dead, but it's when they get pushed up to the outer layer that they eventually shed or get sloughed off—as a normal function when you sleep, or when you rub up against something and scrape your skin—and the cells just below them take their place.

In normal circumstances, because cells from the epidermis are completely shed every 35-45 days, you have brand new skin every month and a half. But the wart “infestation” is trying to push its way down deep into your skin (reaching past the epidermis's five layers, and into the dermis and hypodermis layers below). There it will root itself near capillaries where it can easily reach constant nutrition, and infect other cells along the way. This makes achieving complete skin renewal a challenge.



Why Verriclear's WART RESCUE™ Works:

Rather than trying to kill skin cells (those infected by the virus, and those surrounding them) [Verriclear's WART RESCUE™](#) compound works in three different ways:

1. In the first place, Verriclear supplies nature's most powerful antiviral agents directly to the affected area to disrupt and disable viral reproduction. Verriclear's formula absorbs quickly and penetrates deep, so it begins working immediately. But it must be applied at least once daily to be effective.
2. Secondly, with the virus-loaded cells now temporarily “asleep”, Verriclear provides the stratum basale with the essential nutrients needed to churn out more strong and healthy cells. This way, the skin's natural renewal process can proceed faster and unimpeded by the downward pressure of wart-infected cells that have succumbed to Verriclear's antiviral effects. The beauty of this is that, by supporting the stratum basale in creating new cells, the new ones push the older

ones up to the surface where they will be sloughed off. In doing so more efficiently (thanks to the vital nutrition supplied by Verriclear), the “dormant” viral-loaded cells, no longer trying to push their way down to the deep levels of skin where they can draw nutrients and grow more easily, are pushed *up* and eventually *out* of the epidermis.

3. And lastly, Verriclear employs *polyphenols*—a natural substance found in high concentrations in some essential oils that is [currently the focus](#) of a new branch of cancer research called antiangiogenesis.

Angiogenesis is the process by whereby the body erects a “scaffolding” of new blood vessels to bring nutrient-rich blood flow to an injured area. *Anti-angiogenesis*, on the other hand, is a relatively [new class of anti-cancer therapy](#) that targets the tumor vasculature. A goal of antiangiogenic therapy is to “starve” tumors by disrupting the blood vessel network supplying tumors with oxygen and nutrients needed for survival and growth. Normally, once a wound has been healed, the taking down of the extra blood vessel scaffolding happens automatically when the body sends signals—triggered by some polyphenol complexes—that healing is complete.

Warts are essentially benign tumors, and clinical studies have shown that anti-angiogenesis is a contributing factor to inhibiting wart growth. Researchers surmise that both cancer and [HPV-infected cells proliferate in part because they induce the formation of new blood vessels to the area, and are thereby continuously being over-nourished](#), and that reducing blood flow to the area—by starving them with anti-angiogenic agents—will cause them to diminish over time as old cells die off sooner, and new ones are replaced less quickly.

In these ways, [Verriclear's nutraceutical WART RESCUE formula](#) helps the body heal and restore itself by inhibiting viral replication; supplying anti-angiogenic factors that starve infected cells so they die off more quickly; and supplying essential nourishment that promotes regeneration of the area with healthy cells, so the wart's virus-infected can ultimately be expelled and eliminated. Simply put, [Verriclear's WART RESCUE](#) is an elegant solution to a nasty and ugly problem.

Treatment Comparison

PRESCRIPTION, PAIN, AND PRICE



Compare the following medical and pharmaceutical remedies, treatments, and therapies with Verriclear™*

| | Cantharidin | Salicylic Acid | Retinoid Creams | Immuno-Agents | Interferon Alfa-2B | Dimethyl Ether | Liquid Nitrogen | Verriclear |
|-------------------------------|---|---|--|--|---|---|--|---|
| Type | Blistering Agent | Blistering Agent | Hyper-keratinization Normalizer | Immunotherapy | Viral Inhibitor | “Gentle” Cryotherapy | “Aggressive” Cryotherapy | Nutraceutical |
| Function/Action | Causes the skin around the wart to blister. | Causes the skin around the wart to blister. | Thought to disrupt wart's cell growth. | Helps the body's immune system produce interferon. | Injections that affect the body's immune system in many ways. | Self-Administered Freezing at a Temperature of: -57°C/-70.6°F | Doctor-Applied Freezing at a Temperature of: -196°C/-320.8°F | <ol style="list-style-type: none"> 1. Inhibits viral replication; 2. Starves infected cells; 3. Feeds healthy cells to promote speedy recovery |
| Pain/Irritation | Yes | Yes | Yes | Yes | Yes | Yes | Yes | No |
| Risk of Scarring | Yes | Yes | Yes | Yes | Yes | Yes | Yes | No |
| Risk of Skin Discoloration | Yes | Yes | Yes | Yes | Yes | Yes | Yes | No |
| Prescription or Doctor Visit? | Yes | No | Yes | Yes | Yes | No | Yes | No |
| More Information | Click | Click | Click | Click | Click | Click | Click | Click |
| Natural | No | No | No | No | No | No | No | YES |
| Organic | No | No | No | No | No | No | No | YES |
| Guaranteed** | No | No | No | No | No | No | No | YES |
| Approximate Price/Unit*** | 0.7%/7.5 ml \$85.00 | \$15 and up | 0.1%/50 gm \$86.99 | 5%/7.5 gm \$350.00+ | 150 mcg/0.5 ml \$3100.00+ | 7-12 Applications \$15 and up | Cost of repeated doctor visits | Click |

* Home Remedies are not listed here as their efficacy is questionable at best, and dangerous at worst.

** Of course, we cannot promise WART RESCUE will work the same for everybody, but we do guarantee that you'll see your warts gone—or on their way to gone—within 97 days of daily use, or we'll refund 110% of your purchase price.

*** Verriclear is not affiliated with any of these products or companies that promote or distribute them, and does not endorse them. Use them at own risk. Reflects prices at the time of this publication and may change without notice.



Case Study Photos

A SEVEN-YEAR-OLD BOY'S TOE

Seeing is Believing

A seven-year-old boy presented with several wart clusters on the big toe of his left foot. The warts were spreading and increasing in number.

After other treatments failed, his mother began applying **Verriclear's WART RESCUE**. At first, she did not apply it daily as directed, but once she began to notice visible improvement, she began regular treatment—and taking these pictures to mark the progress.

As you can see, in about 13 weeks, all signs of the warts had disappeared, there are no scars or signs of skin discoloration, and even the ridges of his “toe print” are once again natural and unbroken.

WART RESCUE helped the boy's body painlessly remove the wart and completely restore his skin to good health.



BEFORE: Day 0
December 19, 2014



AFTER: Day 119
April 17, 2015



Day 29
January 17, 2015



Day 43
January 31, 2015



Day 72
March 1, 2015



Day 90
March 19, 2015



Day 119
April 2, 2015

Responsible Self-Care

Preventing the Recurrence of Outbreaks

With treatment, warts can usually be resolved within a few weeks, but even after a wart shrinks or goes away, it may come back or spread to other parts of the body. This is because either an ineffective treatment has been used (such as the destructive therapies discussed earlier), or an effective treatment such as [Verriclear's WART RESCUE](#) has been used ineffectively (i.e. not as directed), or not used long enough.

For this reason, it is important to continue a comprehensive nutraceutical treatment that disables the virus and starves the wart infected cells, while promoting the regeneration of healthy cells *until every trace of the wart is gone*. This means closely examining the area under a magnifying glass and continuing daily use until the skin is completely returned to its natural, even and unbroken pattern.



Preparing the area to be treated

Do not attempt to remove a wart yourself by burning, cutting, tearing, or picking, or by any other method. And *never* use a nail file or emery board on the wart as this may cause it to multiply and spread even more quickly in the affected area.

If the wart is so calloused and dense that the medication will not penetrate it, clip it off using as few cuts as possible, and reapply the medication. Make sure to clean the clipper with ethyl alcohol, at concentrations above 60% to 80%, and don't use the clipper on any other part of the body. Don't let anyone else use it either. Cover the wart with an adhesive bandage or [finger cot](#), and dispose of used items.

Good Advice

While there is no way to prevent warts with 100% certainty, it's always a good idea to wash your skin regularly and well. A daily hygiene routine is the best way to maintain healthy skin. Other suggestions include:

- **Never bite your fingernails.** Nibbling the skin around the fingernails and cuticles opens the door for the virus. 
- **Protect your skin.** If you have cuts on your hands, wear gloves or finger cots while applying medication.
- **Groom with care.** To avoid spreading the virus, don't brush, clip, comb or shave areas that have warts. If you touch a wart, wash your hands.
- **Do not rub, scratch, or pick.** Picking may spread the virus. Cover warts with an adhesive bandage to discourage picking. 
- **Do not file down warts** with an emery board or any other rough surface, as this spreads warts faster than almost anything else.
- **Clean abrasions thoroughly** with soap and water. Open wounds are especially susceptible to the wart virus.
- **Keep hands dry.** Warts thrive in a moist environment.
- **Wear sandals or flip-flops** in public showers, locker rooms, and around public pools. (This also protects against other infections, such as athlete's foot).

Remember, these viruses are passed from person to person by close physical contact, or contact with infected items. To avoid spreading the wart virus to other members of the family, be sure to include these precautions into your household routine:

Hygiene Tips: Personal and Household

Remember, these viruses are passed from person to person by close physical contact, or contact with infected items. To avoid spreading the wart virus to other members of your family, be sure to build the following precautions into your household routine.

Personal Hygiene

- Avoid contaminating clothes. If there are warts on hands and fingers, use finger cots and/or bandages to avoid contaminating gloves.
- Change clothes and socks more often.
- Do not share articles of clothing.
- Clean shared spaces and facilities properly and regularly—especially floors, sinks, and tubs.



Safety Precautions

- Moisturize to avoid cracked skin, which allows viruses and bacteria to enter your skin.
- Cover warts with a water-proof adhesive bandage when swimming or when using public showers or washrooms.
- Do not share personal care objects, such as nail files, with others.
- Do not share articles of clothing, such as socks or shoes.
- Do not walk around barefoot.
- Change your clothing and socks more often.



Laundry

- Do not let the warts touch towels or bath mats, and never share them.
- Use industrial-strength disinfectants such as [Dettol](#) or natural antiviral compounds—along with hot water—to clean countertops, floors, and even your towels, clothes, and socks that may have come into contact with warts.



Verriclear's WART RESCUE™

100% Natural Plant Medicines and Essential Nutrients that Starve Warts and Feed Skin™

WART RESCUE is the only Nutraceutical Skincare Compound proven to nourish your skin while starving warts until they're gone for good. WART RESCUE's formula naturally contains pure, plant-based essential nutrients, potent antivirals, and anti-angiogenic factors that together form an effective treatment against even the most stubborn warts.

SAFE & EFFECTIVE: WART RESCUE's ingredients are strong enough for adults, yet gentle enough for children and anyone with sensitive skin.

DIRECTIONS: At least once daily, apply just enough WART RESCUE to thinly cover the affected area and allow a few minutes for your skin to absorb it fully before covering with a bandage. Continue daily use until your skin has regained its natural, even and unbroken pattern, using a magnifying glass to be sure. For topical use only.

INGREDIENTS: WART RESCUE's non-GMO, vegan, gluten-free and cruelty-free formula delivers antiviral and anti-angiogenic factors, antioxidants, omega fatty acids, and vitamins A, B, C, D, E, K, in an exclusive formula that penetrates quickly to begin working immediately where your skin needs it most. (For our full ingredient list, just click below.)

GUARANTEE: If your warts aren't gone, or on their way to gone in 97 days, we'll refund 110% of your purchase price. Try us and see for yourself, risk-free, at the link below.

[Click to GET VERRICLEAR NOW >>](#)



Choosing Your Course of Treatment

Considerations for Parents and Patients

First, speak to your doctor

A doctor can usually tell if a skin growth is a wart just by looking at it. If unsure, your doctor may scrape off the top layer of the growth to look for the clotted blood vessels that are common with warts. If still in doubt, the next step would be taking a small sample for analysis and to rule out other types of skin growths.

Your doctor will likely have some questions:

- When did you first notice the warts?
- Have you ever had them before?
- Do they bother you, either for cosmetic reasons or for discomfort?
- What treatments have you already tried?
- What were the results?



Your doctor may recommend some of the medicines or treatments described in the previous chapter. The object is to find the therapy or supplement that is right for you.

Ask your doctor about non-prescription nutraceutical treatments—one such as [Verriclear's WART RESCUE](#)—even in conjunction with such procedures as freezing or laser therapy to assist in and speed recovery—because WART RESCUE contains nutrients to help the skin repair itself, from both the warts themselves and the harsh treatments your doctor may perform.

The Bottom Line

Remember, you're looking for results, not more visits to the doctor. So no matter what course of treatment you choose, be aware that the wart virus is constantly at work infecting more cells, and causing blood vessels to support its growth. For this reason, it is imperative that you treat the situation, and yourself, with due care by considering and implementing the following suggestions *consistently*.



Use as directed—it's important

Medications and treatments work if you apply them correctly, and as frequently as directed for as long as directed. So, before choosing a course of therapy, read the instructions carefully and make sure you understand them. And then *commit yourself* to using the medication *exactly* as directed—and continue to do so for two to three weeks *after* the warts appear to be gone. The entire course of treatment may take several months, so be prepared, and be patient.



Chart your progress

For motivation, and to ensure your medication is working, take pictures to chart your progress. If there's no improvement after 12 weeks, ask your doctor about trying a different treatment—but don't stop treatment unless your doctor recommends it.



How will I know when to stop treatment?

Even a single remaining cell containing active wart virus could allow an outbreak to recur. So, except when using doctor-applied acids, blistering agents, freezing, or laser therapies, it's important to keep using the medication for at least another two to four weeks after the skin looks as smooth and clear as the surrounding area.

As mentioned, using a nutraceutical like [Verriclear's WART RESCUE](#) can support the skin in healing itself faster.

Use a magnifying glass

To check your skin, use a magnifying glass. The skin where the wart was should look as smooth and clear, and have the same color as the surrounding area. For the fingers (and toes), the fingerprint lines should be even and unbroken.



Notify the doctor if:

If you see any of the following signs, call your doctor:

- signs of infection (red streaking, discharge, fever) or bleeding;
- bleeding that does not stop when pressure is applied;
- the wart is painful;
- any changes in the color of the wart; and/or,
- if you have diabetes or a weakened immune system (for example, HIV) and have developed warts.

Why does WART RESCUE™ work where others fail?

Medical research confirms that in 85% of cases, common wart remedies fail because they aim to “kill” warts—even though warts are caused by viruses, which are *never alive* in the first place.* That's why, more often than not, destructive drug store and medical treatments result in more damage to your skin, *without* getting rid of the wart.

Verriclear is very different.

Only Verriclear's WART RESCUE compound is proven to:

- ★ **Disable wart replication** with plant-sourced antivirals
- ★ **Starve warts of resources** with natural anti-angiogenics
- ★ **Repair and protect at-risk skin cells** from viral attack
- ★ **Feed your healthy skin exactly what it needs**, so your skin can regenerate and eject the wart, permanently.

That's because only Verriclear's WART RESCUE contains the *highest non-prescription concentrations* of natural antiviral and anti-angiogenic agents, and essential nutrients that human studies proved *essential for clearing the skin of warts*.*

Simply put, WART RESCUE's nutrient-rich formula is the *only one* with all the ingredients needed to stimulate and support the body's own immune and regenerative processes—by nourishing your skin *and* starving warts—until they're gone for good.

Try it risk-free!

Try WART RESCUE and see for yourself. If your warts aren't gone, or on their way to gone in 97 days, we'll refund 110% of your purchase price. Guaranteed.

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Complementary Therapies

What to Eat, and Avoid

Nutritional and herbal support may enhance immune function and minimize recurrence of the HPV virus that causes warts. However, natural supplements may interact with various medications. Always inform your physician about any supplements or therapies you use.

Beneficial nutrition and supplements

There are no specific foods that can eliminate warts; however, diet and vitamin supplements may influence viral replication. The following nutritional tips may alleviate symptoms, help with prevention, and support healing.

Avoid foods containing Arginine

People with such viral diseases as HPV warts can [benefit from a diet low in Arginine](#) and [high in Lysine](#). While both are amino acids, the general rule is: *reduce the amount of Arginine and increase the amount of Lysine* you consume through your diet. (Lysine supplementation is also recommended.)



- **To decrease Arginine**, avoid gelatin, chocolate, carob (chocolate substitute), coconut, oats, whole wheat, white flour, peanuts, soybeans, and wheat germ.
- **To increase Lysine**, eat fish, chicken, beef, lamb, beans, brewer's yeast, mung bean sprouts, fruits, and vegetables (except peas). Lysine supplements are often recommended to help prevent outbreaks.

Other nutritional factors





- Try to eliminate suspected food allergens, such as dairy (milk, cheese, and ice cream), wheat (gluten), soy, corn, preservatives, and chemical food additives that can compromise the normal function of the immune system. Your health care provider may suggest you be tested for food allergies.
- Avoid refined foods, such as white breads, pastas, and sugar.
- Avoid caffeine, alcohol, and tobacco.
- Reduce or eliminate trans fatty acids, found in commercially baked goods such as cookies, crackers, cakes, french fries, onion rings, donuts, processed foods, and margarine.
- Eat foods high in B-vitamins and calcium, such as almonds, beans, whole grains, dark leafy greens (such as spinach and kale), and sea vegetables.
- Eat antioxidant-rich foods, including fruits (blueberries, cherries, and tomatoes), and vegetables (such as squash and bell peppers).
- Use healthy cooking oils, such as olive or coconut.






Supplements

You may address nutritional deficiencies with the following:

- **Lysine** helps during flare-ups. Dosage: 1000 mg three times a day with meals. Do not take lysine with milk or dairy products. Note that very large doses of lysine can increase the toxicity of some antibiotics (i.e. gentamicin, neomycin, streptomycin). 
- **Multivitamin** taken daily, contains the antioxidant vitamins A, C, E; the B—complex vitamins; as well as trace minerals such as magnesium, calcium, zinc, and selenium.
- **Vitamin C** has powerful antioxidant properties and plays a vital role in collagen synthesis for speeding up wound healing and maintaining general cellular health. Dosage: 1,000 mg, two to three times daily.
- **Vitamin D** is fundamental to cellular health throughout the body. It helps regulate the proliferation and differentiation of healthy new skin cells. It's also a powerful antioxidant that plays a vital role in reversing free radical damage, speeding up wound healing, and maintaining general cellular health. Dosage: 5000 iu's to 10,000 iu's, daily.
- **Zinc** has antiviral properties, can boost immune function, and may speed healing. Research has found that people with persistent warts have low blood levels of zinc. Dosage: 50 mg, daily (higher dosages have been used in clinical research)
- **Omega-3 fatty acids**, such as fish oils, help with immunity. Dosage: one to two capsules or one tablespoon of oil one to two times daily. Cold water fish, such as salmon or halibut, are good sources.  Omega-3 fatty acids can have a blood-thinning effect, so speak with your doctor if you are taking blood thinning medications, such as aspirin and Coumadin.
- **Probiotic supplements** (containing *Lactobacillus acidophilus*) help maintain gastrointestinal health and general immunity. Dosage: 5 to 10 billion CFUs (colony forming units) a day. Refrigerate probiotic supplements for best results.

Herbs

Herbs can help strengthen and tone the body's systems. However, some may have side effects or could interact with certain medications. So speak with your health care provider before starting any herbal therapy.

- **Grapefruit seed extract** (*Citrus paradisi*) offers antibacterial, antifungal, and antiviral activity, and aids immunity. Dosage: 100 mg capsule or 5 - 10 drops (in your favorite beverage) three times daily. Grapefruit products may interact with a variety of drugs. Speak with your physician. 
- **Green tea** (*Camellia sinensis*) standardized extract, 250 - 500 mg daily, for antioxidant effects. Use caffeine-free products. You may also prepare teas from the leaf of this herb. Ointment made from green tea extract has been shown to be effective for genital and anal warts. 
- **Cat's claw** (*Uncaria tomentosa*) standardized extract, 20 mg three times a day, for antibacterial, antifungal, and antiviral activity, and for immune support. Because cat's claw can interfere with many different medications; speak to your doctor. Do not use cat's claw if you have Leukemia.
- **Reishi mushroom** (*Ganoderma lucidum*), 150 - 300 mg two to three times daily, for antiviral and immunity activity. You may also take a tincture of this mushroom extract, 30 - 60 drops two to three times a day. Reishi mushrooms can lower blood pressure and slow blood clotting. Because reishi mushrooms could increase the effects of medications for lowering blood pressure and blood thinning, speak with your doctor. 
- **Olive leaf** (*Olea europaea*) standardized extract, 250 - 500 mg one to three times daily, for antiviral and immune activity. You may also prepare teas from the leaf of this herb. 

Source: University of Maryland Medical Center

Drug Interactions

Important Precautions

Read the label: Are you allergic to any of the ingredients? Are you taking other medications that may cause negative interactions? Under certain circumstances—such as pregnancy or breast-feeding—you should talk to the doctor before taking *any* medicine.



Know what you're getting: Medicinal ingredients—both ingested and applied to the skin—can sometimes have negative interactions either with existing conditions or with other medicines being taken.

Ingredients you may want to avoid

- **Bromelaine** can help break down the hardened wart cells and the virus. But if you are allergic to pineapple, latex, wheat, celery, papain, carrot, fennel, cypress pollen, or grass pollen, an allergic reaction may occur.
- **Emu Oil:** In some cases, Emu Oil causes skin irritation when applied as a topical ointment. Moreover, it has been [fraudulently promoted](#) as a dietary supplement for treating a variety of human ailments, including cancer and arthritis. The fact is, little is known about its benefits and risks. To stay on the safe side, children and pregnant or breast-feeding women should avoid Emu Oil. Or better yet, avoid it under any circumstances.

What You Should Know About Drug Interactions

There are more opportunities today than ever before to learn about your health and to take better care of yourself. It's also more important than ever to know about the medicines you take. If you take several different ones, or see more than one doctor, or have certain health conditions, you and the doctors need to be aware of all the medicines you take. Doing so will help avoid problems of drug interactions.

Drug interactions may make your medicine less effective, cause unexpected side effects, or increase the action of a particular drug. Some drug interactions can even be harmful. Reading the labels of both non-prescription and prescription medications, and taking the time to learn about drug interactions may be critical. Knowledge—and a little bit of common sense—will reduce the risk of harmful drug interactions and side effects.

Drug interactions fall into three categories:

- **Drug/drug** interactions occur when two or more drugs react with each other. This may cause an unexpected side effect. For example, mixing a sleeping drug (a sedative) with one for allergies (an antihistamine) can slow reaction time and make driving a car or operating machinery dangerous.
- **Drug/food/beverage** interactions result from drugs reacting with foods or beverages. For example, mixing alcohol with some drugs may cause drowsiness or slow your reactions time.
- **Drug/condition** interactions may occur when an existing medical condition makes certain drugs potentially harmful. For example, high blood pressure medications may react unfavorably if a nasal decongestant is taken simultaneously.

Interactions with over-the-counter medications

It is very important to read the labels on non-prescription medications. The labels list the ingredients, uses, warnings and directions for use. Labels also include information about possible drug interactions. Furthermore, drug labels change as new information becomes available. For this last reason, it is important to read the label every time you renew a medication.

The **Active Ingredients** and **Purpose** sections on the label list:

- the name and amount of each active ingredient
- the purpose of each active ingredient



The **Uses** section lists:

- what the drug is used for
- specific symptoms

The **Warnings** section provides drug interaction and precaution information, including:

- when to talk to a doctor or pharmacist before use
- the medical conditions that may make the drug less effective or unsafe
- under what circumstances the drug should not be used
- when to stop taking the drug

The **Directions** section lists:

- how long and how much of the product to use
- special instructions on how to use the product

The **Other Information** section lists:

- ingredients, such as sodium content, for those with dietary restrictions or allergies

The **Inactive Ingredients** section lists:

- the inactive ingredients, such as colorings, binders, etc.

Learning More About Drug Interactions

Talk to your doctor or pharmacist about the drugs you take. When the doctor prescribes a new drug, discuss all the over-the-counter and prescription drugs you already take, as well as the dietary supplements, vitamins, botanicals, minerals and herbals. Tell them, too, about the food you eat. Ask the pharmacist for the insert for each prescription drug; inserts provide more information about potential drug interactions.

Before taking a drug, ask your doctor or pharmacist these questions:

- Can I take it with other medications?
- Should I avoid certain foods, beverages or other products?
- What are possible drug interaction signs I should know about?
- How will the drug work in my body?
- Is there more information available about the drug or my condition (on the Internet or in health and medical literature)?

Know how to take drugs safely and responsibly. Remember, the drug label will tell you:

- how to take the drug
- what the drug is used for
- how to reduce the risk of drug interactions and unwanted side effects



Source: [U.S. Food and Drug Administration](#)

Aftercare Considerations

Parental supervision of children, especially about sun avoidance, is important. Parents should inspect their child's skin regularly and discuss any changes during routine visits to the doctor.

The previous section discussed diet and lifestyle considerations to help speed up recovery, and reduce the risk of re-infection. This section has suggested specific steps to further reduce the risk of spreading a wart infection or suffering a new outbreak. We hope you found this information helpful, and that you'll use it to your benefit.

Speak with us, *personally*.

We sincerely hope you enjoyed reading this book, as much as we enjoyed preparing it for you.

On behalf of everyone at [Verriclear](http://Verriclear.com), we hope that having read this information, you will be better equipped to decide which form of treatment suits you best—be it surgical, pharmaceutical, or nutraceutical.

If you have questions or comments, you are invited to write to info@Verriclear.com. Your inquiry is invited with the assurance that it will receive prompt and expert attention, and that your information will be kept in the strictest confidence.

Got warts?

Pure, Potent, Safe & Effective.

It's time you discovered the safest and surest method for clearing warts — painlessly and naturally.

Verriclear's WART RESCUE is the only wart remedy that:

- ★ **Disable's wart replication** with potent Antivirals
- ★ **Starves warts of vital resources** with natural Anti-Angiogenics
- ★ **Nourishes and protects** the surrounding 'at-risk' skin cells

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Verriclear
NATURAL SKIN ESSENTIALS
WART RESCUE





Earn a FREE Bottle!

Join 500 participants in the **WART RESCUE Photo Study!**

It's easy to earn your free bottle:

1. Apply Wart Rescue daily.
2. Submit one progress photo weekly.
3. Allow us to share your anonymized photos.

Successful completion of the study earns you a **cost-free, full-size bottle** of Verriclear's WART RESCUE. (Click below for details.)

[Click to TRY WART RESCUE & JOIN THE STUDY >>](#)

*Terms and conditions apply. Results and timelines vary with each person. Guaranteed effective when used as directed. See our website for details.

Start!



Finish!